## **Our Mission:**

Preventative lifeguards working to ensure the safety of patrons visiting Presque Isle State Park.



## Lifeguard:

An expert rescuer and swimmer specializing in the safety of swimmers.

### We look for individuals who are:

- Reliable
- Professional
- Responsible
- Versatile
- Physically Disciplined

If you possess and value these characteristics, we want you to join our team!



# **Contact Us**

Presque Isle Lifeguards 301 Peninsula Drive, Suite 1 Erie. PA 16505-2042 814-833-0526 PILGHQ@Gmail.com



# Presque Isle State Park

The most elite and professional lifeguarding force in the state of Pennsylvania.





# Great Hours and Competitive Pay

- First year guards work **40 hours** per week
- Starting hourly pay for first year guards is **\$13.04**
- Regular yearly increases for returning guards

## A typical day at the beach

Lifeguards arrive by 11AM and complete procedural, medical, first aid, and physical training. Lifeguards then report to their assigned beaches by noon.

Beaches are open for swimming until 7:30PM. Lifeguards have 2 short restroom breaks and one half hour break during that time.

## **Required Dates**

Medical Lectures: Sundays at 10AM New Guard Orientation: June 11-22 July 4<sup>th</sup> Discover Presque Isle: July 26-28

# Work Activities and Camaraderie

Presque Isle Lifeguards are mentally and physically active. Daily workouts, training, and competition in Lifeguard Olympics, build confidence and a sense of unity. Lifelong friendships are formed at Presque Isle State Park.

## Lifeguard Olympics

Olympics take place throughout the summer. Events include:

- 3 mile run
- Run-Swim-Run
- Bench Press
- Mile Swim
- Beach Flags
- Run-Swim-Run Team Relay
- Volleyball
- Tug of War
- Ultimate Frisbee

# How to Apply:

- 1. <u>http://www.employment.pa.gov</u>
- 2. Click on Open Jobs
- 3. Search LAKE ERIE LIFEGUARD
- 4. Create an account and sign in.
- 5. **APPLY** (Remember to save after each step)

#### \*Applications are now open

For assistance in applying contact us:

Presque Isle Lifeguard Headquarters

814.833.0526

PILGHQ@gmail.com

## Assessment, Interview, and Orientation

Interested applicants must interview with managers, and then pass a physical assessment. Assessment includes:

- 40 yard run under 6.50
- 500 yard freestyle under 8:59.99
- 50 yard freestyle under 29.99
- Brick Retrieval under 13.99
- 2 minute tread with 10 lb. brick
- 3 rescues (active, passive, spinal)
- Demonstrate CPR and FBAO

## New Guard Orientation

Lifeguards, who have successfully passed the assessment, complete a 10 day orientation during the month of June.



Department of Conservation and Natural Resources (DCNR) provides Annual Recertification in:

- Bloodborne Pathogens
- Administering Emergency Oxygen
- First Aid/CPR/AED
- Waterfront Lifeguarding

## Annual Scholarship Lottery

Sponsored by Presque Isle Lifeguard Association

- Two \$500.00 Scholarships
- Eligibility requirements apply